

Yijun Lin

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Department of Psychology, University of Florida
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EDUCATION

Ph.D., Social Psychology, University of Florida, 2020-Present
Advisor: Dr. Erin C. Westgate

M.S., Integrated Marketing, New York University, 2017-2019

B.S., Psychology, Beijing Normal University, 2013-2017
Advisor: Dr. Jianping Wang

Exchange Student, Psychology, University of Michigan-Ann Arbor, 2016

AWARDS & GRANTS

Travel Award, University of Florida, Fall 2020

Diversity Graduate Registration Award, Society for Personality and Social Psychology, 2020

Graduate Registration Award, Society for Personality and Social Psychology, 2020

Graduate School Funding Award, University of Florida, 2020

First-Class Award in 24th Academic Competition, Beijing Normal University, 2016
Project: *The Impact of Parenting Styles on Implicit and Explicit Work Values*

Undergraduate Research Grant, Beijing Normal University, 2015
Project: *Attentional Bias in Active and Passive Procrastination*

Merit Scholarship, Beijing Normal University, 2014-2015

PUBLICATIONS

Lin, Y., & Westgate, E.C. (In press). The origins of boredom. In L. Al-Shawif & T. Shackelford (Eds.), *The Oxford Handbook of Evolution and the Emotions*. Oxford University Press.

Wang, K., Goldenberg, A., Dorison, C., Miller, J. K., Uusberg, A., Lerner, J. S., & Gross, J., & **Psychological Science Accelerator**. (Registered report). A global test of brief reappraisal interventions on emotions during the COVID-19 pandemic. *Nature Human Behavior*.

Zhou, L., Lin, Y., Li, W., Du, J., & Xu, W. (2020). Mindfulness, attachment, and relationship satisfaction among heterosexual college student couples: An actor-partner interdependence model analysis. *Current Psychology*.

Yu, S., Zhang, C., Lin, Y., Zhang, Q., & Xu, W. (2020). Self-Compassion as a Mediator in the Effect of Dispositional Mindfulness on Anxiety and Aggressiveness in College Students with Left-Behind Experience. *International Journal of Mental Health Promotion*, 22(2), 71-81.

MANUSCRIPTS UNDER REVIEW

Westgate, E.C., Buttrick, N.B., **Lin, Y.**, ..., & Leander, P. (Under review). Pandemic boredom: Predicting boredom and its consequences during self-isolation and quarantine.

Zhang, C., **Lin, Y.**, & Xu, W. (Under review). Rethink about Left-Behind Experiences: New Categories and the Relationship with Aggression.

MANUSCRIPTS IN PREPARATION

Westgate, E.C., Wormington, S.V., Thomas, S.L., **Lin, Y.**, & Oleson, K.C. (In preparation). Productive procrastination, or why you should stop working and read this paper.

Westgate, E.C., Buttrick, N.R., **Lin, Y.**, Ebersole, C.R., & Heintzelman, S. (In preparation). Meaning is subjective (despite what people think).

Valshtein, T. J., **Lin, Y.**, Gollwitzer, P. M., & Oettingen, G. (In preparation). A Scoping Review of the Bedtime Procrastination Literature.

CONFERENCE PRESENTATIONS

+ indicates student author/collaborator

Michner, S.⁺, & **Lin, Y.** (2021). *Why do students experience burnout? Social connectedness predicts burnout through meaning and attention.* Poster accepted at the 2021 Association for Psychological Science Virtual Convention.

Cintado, K.⁺, Norman, D.⁺, Pham, P.⁺, & **Lin, Y.** (2021). *Taking back control: Exploring how autonomy and personal time affect bedtime procrastination.* Poster accepted at the 2021 Association for Psychological Science Virtual Convention.

Lin, Y., Westgate, E.C., & Cintado, K.⁺ (2021). *Can't sleep, won't sleep: Negative affect and arousal predict bedtime procrastination.* Poster accepted at the 2021 Association for Psychological Science Virtual Convention.

Lin, Y., & Westgate, E.C. (2021). *Can't sleep, won't sleep: Negative affect and arousal predict bedtime procrastination.* Poster presented at the 2021 Annual Convention of the Society for Personality and Social Psychology.

Lin, Y., Westgate, E.C., Ryu, Y., & Michner, S.⁺ (2020). *To move or not to move: School reopening during Covid-19.* Poster presented at the 2020 Annual Meeting of the Society of Southeastern Social Psychologists.

RESEARCH EXPERIENCE

Florida Social Cognition and Emotion Lab, Department of Psychology, University of Florida, 2020-Present

Motivation Lab, Department of Psychology, New York University, 2019-2020

Consumer Well-Being Lab, Stern School of Business, New York University, 2018

Clinical and Counselling Psychology Lab, Faculty of Psychology, Beijing Normal University, 2014-2017

PROFESSIONAL EXPERIENCE

Research and Evaluation Intern, Global Nomads Group, 2019

Evaluation and Test Architect, High Performance Computing at NYU IT, 2018-2019

TEACHING EXPERIENCE

Teaching Assistant (Cognitive Psychology), University of Florida, Spring 2021

Teaching Assistant (General Psychology), University of Florida, Fall 2020

Psychology Teacher Intern, Beijing Gucheng Middle School, 2016

Psychology Mentor, Unisity, 2016

MEDIA

Washington Post. (2020, March 28). These are boom times for boredom and the researchers who study it.

Inside the Chrysalis [Podcast]. (2020, May 29). King Lear or Existential Crisis? Boredom and COVID.

PROFESSIONAL SERVICE

Co-reviewer

Emotion

Personality and Social Psychology Bulletin

Journal of Personality and Social Psychology

Service to the university & department

Judge, PGSO Undergraduate Virtual Research Forum, 2021

PROFESSIONAL AFFILIATION

Association for Psychological Science

Society of Personality and Social Psychology