

# Yijun Lin

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## EDUCATION

**Ph.D.**, Social Psychology, University of Florida, 2020-2025  
Supervisor: Dr. Erin Westgate

**M.S.**, Integrated Marketing, New York University, 2017-2019

**B.S.**, Psychology, Beijing Normal University, 2013-2017  
Thesis: Affect and Bedtime Procrastination: The Mediating Role of Self-Control

**Exchange Student**, Psychology, University of Michigan-Ann Arbor, 2016

## AWARDS

**Graduate School Funding Award**, University of Florida, 2020

**First-Class Award in 24th Academic Competition**, Beijing Normal University, 2016  
Project: The Impact of Parenting Styles on Implicit and Explicit Work Values

**Undergraduate Research Grant**, Beijing Normal University, 2015  
Project: Attentional Bias in Active and Passive Procrastination

**Merit Scholarship**, Beijing Normal University, 2014, 2015

## RESEARCH EXPERIENCE

**Florida Social Cognition and Emotion Lab**, Department of Psychology, University of Florida, 2020-2025  
Supervisor: Dr. Erin Westgate

**Motivation Lab**, Department of Psychology, New York University, 2019-2020  
Supervisor: Dr. Gabriele Oettingen & Dr. Peter M. Gollwitzer

### **Bedtime Procrastination and Goal Disengagement**

- Write a review paper about bedtime procrastination in terms of goal disengagement and goal striving.
- Apply Actiwatch to measure students' sleep and activity with the intervention of Mental Contrasting with Implementation Intentions.

### **Paradoxical Knowing and Spontaneous Goal Inference**

- Created and piloted behavioral stimuli and programmed surveys on Qualtrics.
- Analyzed qualitative and quantitative data to investigate the relationship between paradoxical knowing and behavioral inference.

**Consumer Well-Being Lab**, Stern School of Business, New York University, 2018

- Participated in journal clubs centered on consumers' decision-making and psychological well-being.
- Conducted literature reviews on the role of self-control in the gap between actual and predictive consumption amounts as well as the effect of gossip on social connection.

**Clinical and Counselling Psychology Lab**, Faculty of Psychology, Beijing Normal University, 2014-2017

Supervisor: Dr. Jianping Wang

**Affect and Bedtime Procrastination: The Mediating Role of Self-Control**

- Surveyed 400 people online showing addiction to screens was a key fact leading to bedtime procrastination.
- Performed a path analysis showing self-control partially mediated the relationship between negative affect and bedtime procrastination.

**Attentional Bias in Active and Passive Procrastination**

- Led a team to write a grant proposal for the undergraduate research funding.
- Designed and implemented the modified dot-probe task using E-Prime to measure attentional biases.

### MANUSCRIPTS UNDER REVIEW

Zhang, C., **Lin, Y.**, & Xu, W. Rethink about Left-Behind Experiences: New Categories and the Relationship with Aggression.

Yu, S., Zhang, C., **Lin, Y.**, Zhang, Q., & Xu, W. Self-Compassion as a Mediator in the Relationship of Dispositional Mindfulness to Anxiety and Aggressiveness of College Students with Left-Behind Experience.

### WORK EXPERIENCE

**Research and Evaluation Intern**, Global Nomads Group (a non-profit educational organization), 2019

- Administered CRM databases and conducted research on evaluation methodologies.
- Performed the sentiment analysis using Python to quantify student performances.

**Evaluation and Test Architect**, High Performance Computing at NYU IT, 2018-2019

- Built a database for user information and automated data processing using Python and PostgreSQL.
- Designed and iterated standardized psychometric tests for HPC recruitment.

### TEACHING EXPERIENCE

**Psychology Teacher**, Beijing Gucheng Middle School, 2016

- Designed and instructed classes on psychotherapy, adolescence psychology, career planning, etc.
- Implemented psychodrama and team-building games to help students cope with academic stress.

**Mentor**, Unisity (a career coaching program for high school students), 2016

- Led lectures and labs for high school students on classic psychological theories.
- Mentored a group project on identity's associations with residences and hometowns.

### SKILLS

SPSS, SAS, SQL, Python, R, C Language, Qualtrics, SurveyMonkey, Google Forms, E-Prime, Inquisit, Photoshop, WordPress.