

Yijun Lin

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EDUCATION

Ph.D., Social Psychology, University of Florida, 2020-Present
Advisor: Dr. Erin C. Westgate

M.S., Integrated Marketing, New York University, 2017-2019

B.S., Psychology, Beijing Normal University, 2013-2017
Advisor: Dr. Jianping Wang

Exchange Student, Psychology, University of Michigan-Ann Arbor, 2016

AWARDS & GRANTS

Graduate Student Council Travel Grant, Graduate Student Council, University of Florida, 2022 (declined)

Travel Award, Department of Psychology, University of Florida, Fall 2020, Summer 2021, Spring 2022

Student Diversity Registration Award, Association for Psychological Science, 2021

Diversity Graduate Registration Award, Society for Personality and Social Psychology, 2020

Graduate Registration Award, Society for Personality and Social Psychology, 2020 (declined)

Graduate School Funding Award, Graduate School, University of Florida, 2020

First-Class Award in 24th Academic Competition, Beijing Normal University, 2016
Project: *The Impact of Parenting Styles on Implicit and Explicit Work Values*

Undergraduate Research Grant, Beijing Normal University, 2015
Project: *Attentional Bias in Active and Passive Procrastination*

Merit Scholarship, Beijing Normal University, 2014, 2015

PUBLICATIONS

Lin, Y., & Westgate, E.C. (2021). The origins of boredom. In L. Al-Shawif & T. Shackelford (Eds.), *The Oxford Handbook of Evolution and the Emotions*. Oxford University Press.

Wang K., Goldenberg A., Dorison, C.A., Miller, J.K., Uusberg, A., Lerner, J.S., Gross, J.J., Agesin, B.B., Bernardo, M., Campos, O., Eudave, L., Grzech, K., Ozery, D.H., Jackson, E.A., Luis Garcia, E.O., Drexler, S.M., Jurković, A.P., Rana, K., Wilson, J.P., ... Lin, Y. ... Moshontz, H. (2021). A multi-country test of brief reappraisal interventions on emotions during the COVID-19 pandemic. *Nature Human Behavior*.

Zhang, C., Lin, Y., Zhou, Y., Xu, W. (2021). Rethink Left-Behind Experience: New Categories and Its Relationship with Aggression. *International Journal of Mental Health Promotion*, 23(4), 443–454.

Zhou, L., **Lin, Y.**, Li, W., Du, J., & Xu, W. (2020). Mindfulness, attachment, and relationship satisfaction among heterosexual college student couples: An actor-partner interdependence model analysis. *Current Psychology*.

Yu, S., Zhang, C., **Lin, Y.**, Zhang, Q., & Xu, W. (2020). Self-Compassion as a Mediator in the Effect of Dispositional Mindfulness on Anxiety and Aggressiveness in College Students with Left-Behind Experience. *International Journal of Mental Health Promotion*, 22(2), 71-81.

MANUSCRIPTS UNDER REVIEW

Westgate, E.C., Buttrick, N.B., **Lin, Y.**, ..., & Leander, P. (under review). Pandemic boredom: Predicting boredom and its consequences during self-isolation and quarantine.

Legate, N., Nguyen, T. T., Weinstein, N., Moller, A. C., ... **Lin, Y.** ... Primbs, M. (under review). A Global Experiment on Motivating Social Distancing during the COVID-19 Pandemic.

CONFERENCE PRESENTATIONS

+ indicates student author/collaborator

Lin, Y., & Westgate, E.C. (2022). *Procrastination is not always bad: Productive procrastination buffers the negative effect of procrastination on well-being*. Poster accepted at the 2022 Annual Convention of the Society for Personality and Social Psychology, San Francisco, California.

Michner, S.⁺, & **Lin, Y.** (2022). *Why do students experience burnout? Social connectedness predicts burnout through meaning and attention*. Poster accepted at the 2022 Annual Convention of the Society for Personality and Social Psychology, San Francisco, California.

Pham, P.⁺, Norman, D.⁺, & **Lin, Y.** (2022). *Investigating the influence of social media on time discounting*. Poster accepted at the 2022 Annual Convention of the Society for Personality and Social Psychology, San Francisco, California.

El Helou, G., Westgate, E.C., **Lin, Y.**, Buttrick, N., & Psycorona Research Team. (2022). *Pandemic boredom: Predicting boredom and its consequences during self-isolation and quarantine*. Poster accepted at the 2022 Annual Convention of the Society for Personality and Social Psychology, San Francisco, California.

Zaw, S., Krause, A., Perlin, J.D., **Lin, Y.**, Westgate, E., & Baldwin, M. (2022). *Exploring the link between past self-gratitude and self-perceptions*. Poster accepted at the 2022 Annual Convention of the Society for Personality and Social Psychology, San Francisco, California.

Zaw, S., Krause, A., Perlin, J.D., **Lin, Y.**, Westgate, E., & Baldwin, M. (2021). *Understanding the benefits of past self-gratitude on the self*. Poster accepted at the annual Ronald E. McNair Scholars Open House, Gainesville, FL.

Lin, Y., & Westgate, E.C. (2021). *Dawdling at dusk: Negative affect and high arousal predict bedtime procrastination*. Talk presented at the 44th Annual Conference of the Society of Southeastern Social Psychologists.

El Helou, G., Westgate, E.C., & **Lin, Y.** (2021). *When Disasters are Exciting: Fun vs Scary Perceptions of the Covid-19 Pandemic*. Poster presented at the 44th Annual Conference of the Society of Southeastern Social Psychologists.

Zaw, S., Krause, A., Perlin, J.D., **Lin, Y.**, Westgate, E., & Baldwin, M. (2021). *Examining the influence of past-self gratitude on self-perceptions*. Data blitz presented at the 44th Annual Conference of the Society of Southeastern Social Psychologists.

Zaw, S., Krause, A., Perlin, J.D., **Lin, Y.**, Westgate, E., & Baldwin, M. (2021). *The effect of past self-gratitude on redemption & self-perceptions*. Talk presented at the UF McNair Scholars Summer Research Symposium, Gainesville, Florida.

Michner, S.⁺, & **Lin, Y.** (2021). *Why do students experience burnout? Social connectedness predicts burnout through meaning and attention*. Poster presented at the 2021 Association for Psychological Science Virtual Convention.

Cintado, K.⁺, Norman, D.⁺, Pham, P.⁺, & **Lin, Y.** (2021). *Taking back control: Exploring how autonomy and personal time affect bedtime procrastination*. Poster presented at the 2021 Association for Psychological Science Virtual Convention.

Lin, Y., Westgate, E.C., & Cintado, K.⁺ (2021). *Can't sleep, won't sleep: Negative affect and arousal predict bedtime procrastination*. Poster presented at the 2021 Association for Psychological Science Virtual Convention.

Lin, Y., & Westgate, E.C. (2021). *Can't sleep, won't sleep: Negative affect and arousal predict bedtime procrastination*. Poster presented at the 2021 Annual Convention of the Society for Personality and Social Psychology.

Lin, Y., Westgate, E.C., Ryu, Y., & Michner, S.⁺ (2020). *To move or not to move: School reopening during Covid-19*. Poster presented at the 43rd Annual Conference of the Society of Southeastern Social Psychologists.

RESEARCH EXPERIENCE

Florida Social Cognition and Emotion Lab, Department of Psychology, University of Florida, 2020-Present

Ma Lab, Department of Psychology, New York University, 2020-Present

Motivation Lab, Department of Psychology, New York University, 2019-Present

Consumer Well-Being Lab, Stern School of Business, New York University, 2018

Clinical and Counselling Psychology Lab, Faculty of Psychology, Beijing Normal University, 2014-2017

PROFESSIONAL EXPERIENCE

Research and Evaluation Intern, Global Nomads Group, 2019

Evaluation and Test Architect, High Performance Computing at NYU IT, 2018-2019

TEACHING EXPERIENCE

Teaching Assistant (Cognitive Psychology), University of Florida, Spring 2021

Teaching Assistant (General Psychology), University of Florida, Fall 2020

Psychology Teacher Intern, Beijing Gucheng Middle School, 2016

Psychology Mentor, Unisity, 2016

MEDIA

Carlson, J. (Host). (2021, November 2). *Bedtime procrastination - Why do we put off going to sleep?* [Radio broadcast]. WTIP's The Roadhouse.

Clark, A. (2021, September 24). *Why do we rebel against bedtime?* UF News.

Rosenwald, M. S. (2020, March 28). *These are boom times for boredom and the researchers who study it.* The Washington Post.

Quist, M. (Host). (2020, May 29). *King Lear or Existential Crisis? Boredom and COVID* [Audio podcast episode]. Inside the Chrysalis.

PROFESSIONAL SERVICE

Co-reviewer

Emotion

Personality and Social Psychology Bulletin

Journal of Personality and Social Psychology

Social Psychological and Personality Science

Service to the university & department

Judge, PGSO Undergraduate Virtual Research Forum, 2021

PROFESSIONAL AFFILIATION

American Psychological Association

Association for Psychological Science

Society of Personality and Social Psychology