

**Joshua D. Perlin*****Curriculum Vitae***

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**EDUCATION**

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2020 – Present	Ph.D., Social Psychology ( <i>in progress</i> ) GPA: 4.00 Advisor: Matthew Baldwin, Ph.D.	University of Florida
2014 – 2018	B.A., Psychology, <i>Summa Cum Laude</i> Ethics (official minor), Religion (unofficial minor) GPA: 3.99 Honors Thesis: “To view pain as wondrous: A multi-method investigation into narrative redemption, identity formation, and psychological well-being” Advisor: Robyn Fivush, Ph.D.	Emory University

**RESEARCH INTERESTS**

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Narrative identity and the life story model of personality

Lifespan development with a focus on generativity

Religion/spirituality, including religious master narratives, mysticism, meaning in life, wisdom, and the virtues

Positive life experiences with special attention to awe, hope, wonder, and reverence

**RESEARCH POSITIONS**

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2021 – Present	<b>Graduate Researcher</b> <i>Self, Mind, and Society Lab</i> <i>Department of Psychology, University of Florida</i> PI: Matthew Baldwin, Ph.D.
2020 – 2021	<b>Graduate Researcher</b> <i>Life Story Lab</i> <i>Department of Psychology, University of Florida</i> PI: Susan Bluck, Ph.D.

- 2018 – 2020      **Lab Manager**  
*Identity and Diversity Lab*  
*Department of Psychology & Neuroscience, Duke University*  
 PI: Sarah Gaither, Ph.D.
- 2017 – 2018      **Research Assistant**  
*Family Narratives Lab*  
*Department of Psychology, Emory University*  
 PI: Robyn Fivush, Ph.D.
- 2016              **Research Assistant**  
*Healthy Eating and Weight Support Lab*  
*Department of Psychology, Emory University*  
 PI: Linda Craighead, Ph.D.

## HONORS, GRANTS, AND AWARDS

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- 2022              **Trish Calvert Ring Graduate Student Research Award**  
*Department of Psychology, University of Florida*  
 Research grant awarded to four graduate students in a year. Awarded for “Judeo-Christian Religiosity and Redemptive Storytelling”  
Total Award: \$2,975
- 2022              **Best Paper Award (Awarded for Perlin & Li, 2020)**  
*International Society for the Science of Existential Psychology*  
Total Award: \$500 and one-year complimentary membership in ISSEP
- 2021              **Worth Publishers Student Registration Award**  
*International Society for the Science of Existential Psychology*  
Total Award: \$50
- 2021              **CLAS Graduate Student Travel Award**  
*College of Liberal Arts & Sciences, University of Florida*  
Total Award: \$300
- 2021              **Robert Levitt Award for Student Research on Aging (Finalist)**

*Institute for Learning and Retirement, Gainesville, FL*

One of the Top Five finalists for the annual award given to student research by the Institute for Learning in Retirement (ILR), a continuing education initiative offered for retirement community members in Gainesville, FL. The competition entailed submitting an abstract, recording a presentation aimed at discussing research findings to both a scholarly and community audience, and participating in a Question & Answer session;  
Total Award: \$250

2021

**Graduate Research Fellowship**

*National Science Foundation*

Total Award: \$144,000 across three years (*stipend: \$34,000/year; cost of education allowance: \$12,000/year; research/travel funds: \$2,000/year*)

Spring 2021

**Departmental Graduate Student Travel Award**

Spring 2022

*Department of Psychology, University of Florida*

Total across all awards: \$705

2021

**Psychology Graduate Teaching Assistant Award (Nominated)**

*Department of Psychology, University of Florida*

Nominated for the annual award given to one Graduate Teaching Assistant in the Department of Psychology

2020 – Present

**Graduate School Funding Award**

*Department of Psychology, University of Florida*

Most prestigious fellowship awarded to incoming doctoral students in the Department of Psychology

Total Award: \$31,000/year for four years

2019

**Interdisciplinary Behavioral Research Center Grant**

*Social Science Research Institute, Duke University*

Project: Awe, self-transcendence, and meaning in life

Total Award: \$1,200

2018

**Undergraduate Humanities Honors Fellow**

*The Bill & Carol Fox Center for Humanistic Inquiry*

Fellowship awarded to seven undergraduate honors students at Emory University who address humanistic topics or using humanistic methods in their theses

2018

**Omicron Delta Kappa**

*National Leadership Honor Society*

Selected for induction for holding at least three leadership positions at Emory University

- 2017                    **The Beardslee Prize in Religious Literature (Runner Up)**  
*Emory University College of Arts & Sciences*  
 Selected for an extraordinary paper for a Religion course at Emory University; Project:  
 Stories of the sangha: Narrative identity in the Tibetan monastic community
- 2017                    **Psi Chi**  
*The International Honor Society in Psychology*
- 2017                    **Phi Beta Kappa**  
*The Nation's Oldest Academic Honor Society*
- 2015 – 2017           **Dean's List**  
*Emory University College of Arts & Sciences*

## PUBLICATIONS

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\* *Indicates a mentored undergraduate student or post-baccalaureate student*

- \*Suh, Y., **Perlin, J. D.**, Turner, A. F., West, A. L., & Gaither, S. E. (in press). The good life in cultural context: Examining Asian young adults' psychological well-being and narratives of negative experiences. *Journal of Research in Personality*.
- Booker, J. A., & **Perlin, J. D.** (2021). Moving beyond redemptive magnitude: Examining redemptive forms and themes in young adults' narratives of difficult life experiences. *Identity: An International Journal of Theory and Research*.
- Booker, J. A. & **Perlin, J. D.** (2021). Using multiple character strengths to inform young adults' self-compassion: The potential of hope and forgiveness. *Journal of Positive Psychology*. 16(3), 379–389.
- Perlin, J. D.**, & Fivush, R. (2021). Revisiting redemption: A life span developmental account of the functions of narrative redemption. *Human Development*. 65(1), 23–42.
- Gaither, S. E., **Perlin, J. D.**, & Doan, S. N. (2020). Race, gender, and the development of cross-race egalitarianism. *Frontiers in Psychology*, 11, 1525.
- McAdams, D. P., & **Perlin, J. D.** (2020). HEXACO and the individual case. *European Journal of Personality*, 34(4), 533–534.

†**Perlin, J. D.** & Li, L. (2020). Why does awe have prosocial effects? New perspectives on awe and the small self. *Perspectives on Psychological Science*, 15(2), 291–308.

†**This paper received the International Society for the Science of Existential Psychology's 2022 Best Paper Award**

## MANUSCRIPTS UNDER REVIEW/IN PREPARATION

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†*These two authors contributed equally to this work and therefore share first-author*

†LePine, S. E., †**Perlin, J. D.**, Tix, A., Baldwin, M., & Westgate, E. C. (under revised review). Church contexts are meaningful. *Psychology of Religion & Spirituality*.

**Perlin, J. D.**, Johnson, C., Schroeder, E., Trammell, T., DiMercurio, B., Graci, M. E., Dunlop, W. L., & Booker, J. A. (in preparation). *Redemptive forms and themes through time*. [Data have been collected and are currently being analyzed].

**Perlin, J. D.**, Koenig, H. G., Meador, K., & Hall, D. E. (in preparation). *Religious fluency and clergy coding*. [Data have been collected and analyzed].

**Perlin, J. D.**, Baldwin, M., & McAdams, D. P. (in preparation). *Generativity declines across late midlife: A longitudinal study*. [Data have been collected and analyzed].

Sharma, S., **Perlin, J. D.**, Bluck, S., & Liao, H-W. (in preparation). *Who tells redemptive stories, and when? Narratives of self-disruptive life events across adulthood*. [Data have been collected and analyzed, and manuscript is currently being written].

## INVITED TALKS

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**Perlin, J. D.** (2022, June). *The varieties of redemption: Summarizing findings on a novel conceptualization of redemptive forms*. Talk presented for the Center on Autobiographical Memory Research at Aarhus University, Aarhus, Denmark.

**Perlin, J. D.**, & Sharma, S. (2022, March). *Older adults' personal stories of loss and illness: Finding positive meaning in the face of difficulty*. Talk presented for the Institute for Learning in Retirement, Gainesville, FL.

**Perlin, J. D.**, & Sharma, S. (2021, November). *Older adults' personal stories of loss and illness: Finding positive meaning in the face of difficulty*. Talk presented for the Community Coalition of Older Adults, Gainesville, FL.

## CONFERENCE TALKS

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\* Indicates a mentored undergraduate student or post-baccalaureate student

**Perlin, J. D.**, Baldwin, M., & McAdams, D. P. (2022, February). *On faith and future generations: A five-year longitudinal study of the relation between religiosity and generativity*. Data Blitz presented for the Existential Psychology Preconference at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.

**Perlin, J. D.**, & Booker, J. A. (2021, October). *The varieties of redemption: Summarizing findings on a novel conceptualization of redemptive forms*. Data Byte presented at the annual meeting of the Society of Southeastern Social Psychologists, Virtual.

\*Suh, Y., **Perlin, J. D.**, Turner, A. F., West, A. L., & Gaither, S. E. (2021, October). *The good life in cultural context: Examining Asian young adults' psychological well-being and narratives of negative experiences*. Talk presented at the annual meeting of the Society of Southeastern Social Psychologists, Virtual.

\*Zaw, S., Krause, A., **Perlin, J. D.**, Lin, Y., Westgate, E., & Baldwin, M. (2021, October). *Examining the influence of past-self gratitude on self-perceptions*. Data Byte presented at the annual meeting of the Society of Southeastern Social Psychologists, Virtual.

\*Zaw, S., Krause, A., **Perlin, J. D.**, Lin, Y., Westgate, E., & Baldwin, M. (2021, July). The effect of past self-gratitude on redemption & self-perceptions. Talk presented at the University of Florida McNair Scholars Summer Research Symposium, Gainesville, FL.

Li, L., & **Perlin, J. D.** (accepted). *Awe and the multilayered self: A reinterpretation of awe's prosocial effects*. Talk accepted to the annual meeting of the Jean Piaget Society, Philadelphia, PA. Original conference delayed because of COVID-19, and then first author unable to speak the following year.

**Perlin, J. D.**, Gaither, S. E., & Doan, S. N. (2018, October). *Developing cross-race prosociality: White children's racial constancy beliefs predict increased sharing with racial outgroup members*. Selected for high marks to be a Data Blitz at the annual meeting of the Society for Southeastern Social Psychologists, Raleigh, NC.

**Perlin, J. D.**, Fivush, R., & Booker, J. A. (2018, April). *To view pain as wondrous: A multi-method investigation into narrative redemption, identity formation, and psychological well-being*. Talk presented at the Fox Center for Humanistic Inquiry Undergraduate Honors Colloquium, Atlanta, GA.

## POSTER PRESENTATIONS

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\* Indicates a mentored undergraduate or post-baccalaureate student

**Perlin, J. D.**, Baldwin, M., & McAdams, D. P. (2022, February). *From sin to salvation: Longitudinal associations between Judeo-Christian religiosity and redemptive life stories*. Poster presented for the

Psychology of Religion and Spirituality Preconference at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.

- \*Zaw, S., Krause, A., **Perlin, J. D.**, Lin, Y., Westgate, E., & Baldwin, M. (2022, February). *Exploring the link between past self-gratitude and self-perceptions*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
- Sharma, S., **Perlin, J. D.**, & Bluck, S. (2021, November). *Recalling memories of life's challenges with purpose and redemption: Resources to foster resilience*. Poster presented at the annual meeting of the Gerontological Society of America, Virtual.
- \*Zaw, S., Krause, A., **Perlin, J. D.**, Lin, Y., Westgate, E., & Baldwin, M. (2021, November). *Understanding the benefits of past self-gratitude on the self*. Poster presented at the annual Ronald E. McNair Scholars Open House, Gainesville, FL.
- \*Suh, Y., **Perlin, J. D.**, Turner, A. F., & Gaither, S. E. (2021, April). *Rethinking ethnic identity threat: How narrative themes relate to psychological well-being for Asian American and Asian international students*. Poster presented at the biennial meeting of the Society for Research in Child Development, Virtual.
- Perlin, J. D.**, Sharma, S., Liao, H. W., & Bluck, S. (2021, February). *Who tells redemptive stories, and when? Narratives of self-disruptive life events across adulthood*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Virtual.
- \*Gianneschi, J., \*Suh, Y., **Perlin, J. D.**, & Gaither, S. E. (2020, October). *Looking on the bright side: The effects of redemption and acculturation on resilience in Asian university students*. Poster presented at the annual meeting of the Society of Southeastern Social Psychologists, Virtual.
- \*Suh, Y., **Perlin, J. D.**, Turner, A. F., Gaither, S. E., & Rubin, D. C. (2020, February). *Comparing the experiences of Asian American and Asian international students: Themes of recovery and redemption in narratives of cultural threat*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Edwards, M. E., **Perlin, J. D.**, & Van Cappellen, P. (2020, February). *Shaken to the core: A naturalistic study of awe's effects on values, meaning, and religiosity*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Perlin, J. D.** & Booker, J. A. (2020, February). *Getting the whole story: Arrangement of themes across a narrative interact with displays of redemption*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Li, L., & **Perlin, J. D.** (2019, July). *Reconsidering awe's social effects: The need for accommodation and identity reconstruction*. Poster presented at the annual meeting of the Society for Philosophy and Psychology, San Diego, CA.

- Perlin, J. D. & Gaither, S. E.** (2019, March). *Interreligious roommates and the first year of college: Exploring emotional and social outcomes*. Poster presentation at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
- Perlin, J. D. & Gaither, S. E.** (2019, February). *Interreligious roommates and the first year of college: Exploring emotional and social outcomes*. Poster presentation at the Psychology of Religion and Spirituality Preconference at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.
- Perlin, J. D., Booker, J. A., & Fivush, R.** (2019, February). *Silver linings are (sometimes) beneficial: Associations among narrative redemption, identity formation, and psychological well-being*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.
- Perlin, J. D., Booker, J. A., & Fivush, R.** (2018, November). *Silver linings are (sometimes) beneficial: Associations among narrative redemption, identity formation, and psychological well-being*. Poster presentation at the annual UNC–Duke Research Meeting in Developmental Psychology.
- Perlin, J. D. & Booker, J. A.** (2018, March). *Eyes toward the future: Associations among hope, narrated agency, and well-being*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Perlin, J. D. & Booker, J. A.** (2017, May). *The effects of goal motivation on well-being*. Poster presentation at the Emory Undergraduate Spring Research Symposium, Atlanta, GA.

## TEACHING/MENTORSHIP

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Summer 2021

### Guest Lecture

*Department of Psychology, University of Florida*

Course: Introduction to Psychology (flipped classroom, online)

Instructor: Brenda Straka, M.A.

Title: “Personality: A multi-leveled construct”

Spring 2021

### Teaching Assistant

*Department of Psychology, University of Florida*

Course: Gerontology (online)

Instructor: Susan Bluck, Ph.D.

Fall 2020

### Teaching Assistant

*Department of Psychology, University of Florida*

Course: Developmental Psychology (online)

Instructor: Marina Klimenko, Ph.D.



Summer 2020

**Guest Lecture**

*Department of Psychology, Duke University*

Course: Introduction to Psychology (online)

Instructor: Brenda Straka, M.A.

Title: "Personality: A multi-leveled construct"

*Honors Theses Supervised: Yeonju Suh (Spring 2020)*

**PROFESSIONAL MEMBERSHIPS**

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2021 –Present	International Society for the Science of Existential Psychology (ISSEP)
2021 – Present	Gerontological Society of America (GSA)
2018 – Present	Society for Personality and Social Psychology (SPSP)

**SERVICE**

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***Professional Service***

Ongoing

**Ad Hoc Reviewer**

*Journal of Personality; Journal of Research in Personality; Personality and Social Psychology Bulletin*

Fall 2021

**Reviewer for Graduate Student Poster Award**

*Society for Personality and Social Psychology*

Spring 2021

**Panelist for Graduate School Decision-Making**

*Project SHORT*

Provided advice to undergraduate students who are underrepresented in graduate education on how to select a graduate program.

Fall 2020

**Reviewer for Outstanding Graduate Research Award**

*Society for Personality and Social Psychology*

Fall 2020

**Free-Form Friday Facilitator**

*Society for Personality and Social Psychology*

Session Title: "Lab Management in Social-Personality Psychology"

***University Service***

Spring 2021

**Reviewer for Undergraduate Research Forum Poster Award***Department of Psychology, University of Florida*

Fall 2020

**Alumni Member of Evaluation Forum***Bill & Carol Fox Center for Humanistic Inquiry, Emory University*

Selected as an alumnus of the fellowship program to serve on an evaluation forum.