

ANAIS ALEXANDRA ORTIZ

Department of Psychology, University of Florida
anaisortiz@ufl.edu

EDUCATION

- M.A., Ph.D.** **University of Florida, 2021 - Present**
Social Psychology, Advisor: Erin Westgate, Ph.D.
- B.A.** **University of Pennsylvania, 2013**
History of Art, Hispanic Studies
- University of Seville, Seville, Spain; January 2013 - June 2013**
History of Art, Hispanic Studies
- George Mason University, 2019 - 2020**
Psychology, Post-Baccalaureate Studies

HONORS AND AWARDS

- 2021 Cleveland State University Diversity in Existential Psychology Registration Award, Society for Personality and Social Psychology
- 2012 Penn Undergraduate Research and Mentoring Program Scholar

PUBLICATIONS

Ortiz, A., Goold, A. & Zhang, J.W. (*invited contribution*). Self-compassion and motivation. In K. Bluth, K. Neff, & N. Singh (Eds.), *Mindfulness in Behavioral Health. Handbook of Self-Compassion*. Springer International Publishing: New York.

CONFERENCE POSTERS

**Denotes joint first authorship*

- Ortiz, A.,** Turner, E., Regalario, I., Zhang, J.W., Murdoch, E. (2021). Mindfulness as a Promoter of an Authentic, Compassionate Self. Submitted to the Poster session at the Annual Convention for the Society for Personality and Social Psychology (SPSP), Virtual.
- *Ortiz, A.,** & ***Turner, E.,** Giff, S., Renshaw, K. (2020). Posttraumatic Growth after Sexual Assault: Associations with Romantic Partner Disclosure. Poster presented to the Annual Conference for the Association for Behavioral and Cognitive Therapies 2020, Virtual.

***Ortiz, A., & *Turner, E., Giff, S., Renshaw, K. (2020).** Shame and Guilt as Moderators for the Relationship Between Rape Attributions and Posttraumatic Growth in Sexual Assault Survivors. Poster presented to the Annual Conference for the Association for Behavioral and Cognitive Therapies 2020, Virtual.

Ortiz, A., Fahham, G., Bahgi, R., Giff, S., Bergmann, J., Renshaw, K. (2020). Personality Traits as Moderators of the Associations Between Deployment Events and PTSD Symptoms and PTG in Student Veterans. Poster presented to the American Psychological Association Annual Convention, Virtual.

RESEARCH EXPERIENCE

Florida Social Cognition and Emotion Lab, Department of Psychology, University of Florida, 2021 - Present

Anxiety, Stress, and Relationships Lab, Department of Psychology, George Mason University, 2019 - 2020

PROFESSIONAL EXPERIENCE

Yoga & Meditation Teacher, 2019 - Present

Board Game Design Company Co-Founder, Candygrams LLC, 2018 - Present

Office Manager, George Mason University Stearns Center for Teaching & Learning, 2018 - 2020

Fashion Stylist, 2014 - 2018

PROFESSIONAL AFFILIATIONS

Association for Psychological Science

Society of Personality and Social Psychology